

Welcome



Whether you're discovering Sleeping Lady for the first time, or a returning guest rediscovering all of your favorite haunts, we are delighted you'll be staying with us. We hope that you will take advantage of all that we have to offer during your stay.

Check in is 3:00 pm, check out is 11:00 am. All guest rooms offer complimentary WiFi Internet access and network connections. By design, guest rooms do not have televisions, refrigerators or mini bars.

Your meals*, if included in your package, will be served in the **Kingfisher Restaurant & Wine Bar**. Dinner is served 5:30 - 8:00 pm. Magpies' Wine Bar, offering beer, wine and spirits, opens daily at 5:30 pm. Breakfast is served from 7:30 - 9:00 am Monday - Friday, with extended hours until 10:00 am on Saturday, Sunday and holidays. Lunch is served from noon - 1:00 pm. Meals are chef's choice and served buffet style in Kingfisher's lodge-style setting.

*Please check with your Group Leader for your group's specific meal times.

Serving an extensive list of artisan spirits, along with craft beer and wine, **The Grotto** offers a relaxing place to toast with colleagues or unwind after dinner. The Grotto's interior features a faux granite wall crafted to represent local stone, and a dramatic Chihuly Icicle Chandelier. An outdoor space featuring a fire circle, waterfall and ample seating, is a wonderful place to spend a warm summer evening. The Grotto opens at 5:00 pm daily from Labor Day to Memorial Day, and at 4:00 pm the remainder of the year, with the stone-fired pizza menu available until 9:00 pm each evening.

O'Grady's opens at 7:00 am daily to quench your early morning espresso cravings.

Missing the spouse and kids? Take a peek at our gift nook, **The Mercantile**, located within O'Grady's, and peruse our whimsical selection of unique gifts, apparel, books and works of art, selected for their environmental sensitivity, fair trade certification, artisan craftsmanship, B Corp certification or unique character. If you don't find what you're looking for, browse the unique work of select artists, authors, musicians and jewelry artisans in our boutique, **Sleeping Lady Gifts**, located in our main lobby. A selection of personal care items are available at Guest Services.

If your schedule allows, treat yourself to a relaxing massage, rejuvenating body treatment or cleansing facial in one of our private treatment rooms at **Aspen Leaf Spa**. Advanced reservations are recommended. Call 1-800-574-2123 ext. 350 for appointment availability.

Cool off in our elegant and natural **rock-lined swimming pool**, open seasonally April through October. An adjacent hot pool, heated year round, will warm you up after an early morning run or

late evening bike ride. The pools are open 5:00 am - midnight, with adult-only hours from 5:00-7:00 am and 10:00 pm - midnight. The pools can be accessed with your room key. Pool towels are available in your room, in the cupboard under the sink. Don't forget your suit!

Relax and unwind in our **Dry Sauna**, located near the entrance to **Aspen Leaf Spa**. The sauna is open 24 hours and can be accessed with your room key.

A **Guest Laundry** is available across the path from the fitness room. Cost is \$1.00 per load to wash, .75 per load to dry. Complimentary laundry soap and dryer sheets are provided. Change is available at the Guest Services Desk.

Our Fitness Room is located next to the sauna building. Equipment includes a treadmill, an elliptical cross-trainer, a recumbent bicycle, weights, and stretch trainers. The Fitness Room is open 24 hours a day and can be accessed with your room key.

Rent a bike for an afternoon or for the whole day and explore the surrounding area. Rates are \$20 full day, \$15 half day. Rentals, including a helmet and bike lock are available at The Mercantile.

Take a stroll through the **Organic Garden** at Sleeping Lady, which produces many of the fruits, vegetables and herbs used in the restaurants. Tours are offered by a team member on the 2nd and 4th Saturdays, June - August at 10:00 am. Bird walks are offered the 1st and 3rd Saturdays in May, June and September at 8:00 am. Meet at the Organic Garden sign just off the main parking lot.

Enjoy the relaxing combination of nature and art with a **self-guided art walk**, highlighting a variety of visual art including paintings; sculptures made of wood, stone, glass and metal; and woven art such as blankets, baskets and hangings. Maps are available at the Guest Services desk.

Brought the family? They'll love the **Play Barn!** Play a game of foosball, try your hand at table tennis or put on a puppet show. A selection of board games and puzzles are available. The Play Barn is open 6:00 am - 10:00 pm and can be accessed with your room key.

Curl up and relax with a good book in our quiet and cozy **library**, located within the Forest cluster. The library is accessible with your room key.

Our sister property, **Icicle Creek Center for the Arts** offers a wide array of artistic performances. For current events, visit www.icicle.org or check with Guest Services

Our Guest Service Agents are happy to help with requests including copies, fax transmittals and referrals to local activities and attractions.

If there is anything we can do to assist you in planning your visit, please don't hesitate to contact us! Guest Services is just a call away. 1-800-574-2123 or info@sleepinglady.com

Sleeping Lady is a smoke-free environment and ADA compliant.
We look forward to your visit!