

Welcome



Whether you're discovering Sleeping Lady for the first time, or a returning guest rediscovering all of your favorite haunts, we are delighted you'll be staying with us. We hope that you will take advantage of all that we have to offer during your stay.

Check in is 3 pm, check out is 11 am. All guest rooms offer complimentary WiFi Internet access and network connections. By design, guest rooms do not have televisions, refrigerators or mini bars.

Your meals*, if included in your package will be served in the **Kingfisher Dining Lodge**. Dinner is served 6 - 7:30 pm with salad and bar service beginning at 5 pm; lunch is 12 - 1 pm and breakfast is served 7:30 - 9 am. Meals are chef's choice and are served buffet style in Kingfisher's lodge-style setting. An extensive beer and wine list highlights local favorites and complements the menu, which changes daily. Seasonal specialty drinks are also available.

*Please check with your Group Leader for your group's specific meal times.

Serving wine, beer, and spirits, **The Grotto** offers a relaxing place to toast with colleagues or unwind after dinner. The Grotto's interior features a faux granite wall crafted to represent local stone, and dramatic Chihuly icicle chandelier. A new outdoor space featuring a fire circle, waterfall and ample seating is a wonderful place to spend a warm summer evening. An extensive list of Washington wines and microbrews, along with signature cocktails, make The Grotto the ideal place after a day of adventure. The Grotto opens at 4:30 pm daily.

O'Grady's Pantry opens at 7 am to quench your early morning espresso craving and also serves lunch. Our menu includes soups, salads, panini and deli sandwiches, quiche, hot entrees and a sinful selection of seasonal desserts and ice cream. We serve a wide selection of teas and juices, as well as a fine collection of Northwest wines, beers and spirits.

Want to take something home for your spouse and kids? Take a peek at our newest gift nook, **The Mercantile**, located within O'Grady's Pantry, and peruse our whimsical selection of unique gifts, apparel, books and works of art, selected for their environmental sensitivity, fair trade certification, artisan craftsmanship or unique character. If you don't find what you're looking for, browse the unique work of select artists, authors, musicians and jewelry artisans in our new boutique, **Sleeping Lady Gifts**, located in our main lobby. A selection of personal care items is available at Guest Services.

If your schedule allows, treat yourself to a relaxing massage, rejuvenating body treatment or cleansing facial in one of our new private treatment rooms at **Solstice Spa at Sleeping Lady**. Call Guest Services, 800-574-2123 for appointment availability.

Cool off in our elegant and natural, **rock-lined swimming pool**, open seasonally April through October. An adjacent hot pool, heated year round, will warm you up after an early morning run or late evening bike ride. The pools are open 24 hours and can be accessed with your room key. Don't forget your suit!

Relax and unwind in our **Dry Sauna**, located near the entrance to **Solstice Spa at Sleeping Lady**. The sauna is open 24 hours and can be accessed with your room key.

Grasshopper Fitness, our fitness room, is located next to the massage/sauna building. Equipment includes a treadmill, an elliptical cross-trainer, a recumbent bicycle, weights, and stretch trainers. Grasshopper is open 24 hours a day and can be accessed with your room key.

Rent a bike for an afternoon or for the whole day and explore the surrounding area. Rates are \$20 full day, \$15 half day. Rentals are available at Guest Services.

Take a stroll through the **Organic Garden** at Sleeping Lady, which produces many of the fruits, vegetables and herbs used in the restaurants. Tours are offered by the Garden Manager, Saturdays, May-September at 5 pm. Meet at the Organic Garden sign near KOHO Radio, just off the main parking lot.

Enjoy the relaxing combination of nature and art with a **self-guided art walk**, highlighting a variety of visual art including paintings, sculptures made of wood, stone, glass and metal, woven art such as blankets and baskets and hangings. Maps are available at the Guest Services desk.

Shoot a game of billiards, try your hand at table tennis or put on a skit on stage in **The Playhouse**, our new family hospitality room. The Playhouse is open 6 am - 10 pm and can be accessed with your room key.

Curl up and relax with a good book in our quiet and **cozy library**, located within the Forest cluster. The library is accessible with your room key.

Our Guest Service Agents are happy to help with requests including spa appointments and referrals to local activities and attractions.

If there is anything we can do to assist you in planning your visit, please don't hesitate to contact us! Guest Services is just a call away. 1-800-574-2123 or info@sleepinglady.com

Sleeping Lady is a smoke-free environment and ADA compliant.

We look forward to your visit!