



eco•logical wellness

Solstice Spa provides essential calm in surroundings inspired by and in cooperation with nature.

Located in the heart of Sleeping Lady's environmentally progressive Mountain Resort, the Solstice facility features fair trade, repurposed and resource-efficient materials that respect the planet's well-being and zero-VOC paints, natural products and holistic treatments that respect yours.

We embrace an eco•logical approach, making thoughtful choices to create a meaningful connection between our guests and the natural environment. Our professional, licensed, and dedicated staff members are committed to bringing wellness to you & your environment today, tomorrow and beyond.

massage

energy conserving relaxation massage

60 minutes, \$90 || 90 minutes, \$135

shared space massage* for two

60 minutes \$180 || 90 minutes, \$270

**Relaxation only*

Add sparkling cider & chocolate truffles, \$20

resource renewing treatment massage

60 minutes, \$90 || 90 minutes, \$135

100% natural hot rock massage

90 minutes, \$145

earth mother pregnancy massage

60 minutes \$90 || 90 minutes, \$135

facials

skin sustaining signature facial

(nourishing)

60 minutes, \$95 || 90 minutes, \$145

protect the environment treatment facial

(anti-aging)

60 minutes, \$105

climate change purifying facial

(anti-redness or anti-blemish)

75 minutes, \$105

BareEscentuals flawless facial experience

(includes: signature facial • BareMinerals consultation
BareMinerals makeunder • Get Started kit)

75 minutes, \$175

body treatments

native botanicals antioxidant body scrub

sugar scrub • botanical lotion • scalp/hand/foot massage

60 minutes, \$110 || for two (side-by-side): \$210

dead sea detoxifying mud treatment

body brushing • dead sea masque • head & scalp massage
lotion application

90 minutes, \$135 || for two (side-by-side): \$260

glacial pacific organic body treatment

seaweed salt glow • glacial clay masque • lotion application

90 minutes, \$150 || for two (side-by-side): \$290

solstice body ritual

sugar scrub & masque • lotion application • relaxation massage

120 minutes, \$215 || for two (side-by-side): \$420

solstice foot ritual

herbal foot soak • foot & lower leg massage • lotion application

30 minutes, \$55

solstice tension release ritual

head-neck-shoulder massage • pressure points

30 minutes, \$55

solstice foot ritual & tension release package

60 minutes, \$100

SOLSTICE SPA AT SLEEPING LADY

800.574.2123 | 509.548.6344

www.sleepinglady.com